









Holistic Solutions for Care & Wellbeing Mental Health Care Services You Can Trust

Our Core Specializations

Mental Health Care for adults



Elderly Care Services















Dementia Care Plans

Diagnosis - A clinical evaluation involves psychological assessments, memory screening.

Medical Consultations – Neurologist / Psychiatrist/Physician consultations.

Therapies for Dementia - Person-centric interventions for cognitive stimulation and retraining exercises to help delay deterioration.

Caregiver Enablement - This family counselling program includes psychoeducation, training to manage challenging behaviours and managing caregiver stress.

Group Workshops for Families - The support group aims to empower caregivers in taking care of their loved ones while managing their own lives.













Elderly Care Services

Caregiver Services - 12/24 hour shifts for ADL support, mobility and dementia care.

Nursing Care Services - On Call/12/24 hours available for post surgery recovery and long term home care.

Physiotherapy Services for post surgery recovery, pain management, neuro care.

Doctor Home Consultations - general physician available for home visits

Medical Equipment Sale/Rental – all types of rental /sale - wheelchair, beds, suction apparatus, oxygen cylinder and all critical care equipment.



Services are available Pan India - Online/In-Person.